



Indian School Al Wadi Al Kabir

Mid-term Examination (2025-2026)

CLASS: IX

Sub: HEALTH CARE (SUBJECT CODE 413)

MAX.MARKS: 50

DATE: 25-09-2025

SET I

TIME: 2 HOURS

General Instructions:

1. Please read the instructions carefully.
2. This Question Paper consists of **21 questions** in two sections – Section A & Section B.
3. Section A has Objective type questions whereas Section B contains Subjective type questions.
4. **Out of the given (5 + 16 =) 21 questions, a candidate has to answer (5 + 10 =) 15 questions in the allotted (maximum) time of 2 hours.**
5. All questions of a particular section must be attempted in the correct order.
6. **SECTION A - OBJECTIVE TYPE QUESTIONS (24 MARKS):**
 - i. This section has 05 questions.
 - ii. There is no negative marking.
 - iii. Do as per the instructions given.
 - iv. Marks allotted are mentioned against each question/part.
7. **SECTION B – SUBJECTIVE TYPE QUESTIONS (26 MARKS):**
 - i. This section contains 16 questions.
 - ii. A candidate has to do 10 questions.
 - iii. Do as per the instructions given.
 - iv. Marks allotted are mentioned against each question/part.

SECTION A: OBJECTIVE TYPE QUESTIONS

Q. 1 Answer any 4 out of the given 6 questions on Employability Skills (1 x 4 = 4 marks)		
i.	How do you receive information on phone? (a) Listening (b) Speaking (c) Reading (d) Writing	1
ii.	What is the purpose of communication? (a) Inform (tell someone about something) (b) Influence (get someone to do something you want) (c) Share thoughts, ideas, feelings (d) All of the above	1
iii.	Why do we send emails? (a) To reach on time (b) To share documents and files (c) To talk to each other (d) To meet each other	1

iv.	When we communicate verbally, we should use _____. (a) difficult words (b) simple words (c) confusing words (d) abbreviations	1
v.	Which of these is a positive (good) facial expression? (a) Staring hard (b) Nodding while listening (c) Wrinkled forehead (d) Looking away from the speaker	1
vi.	What does an upright (straight) body posture convey/ show? (a) Shyness (b) Fear (c) Confidence (d) Intelligence	1

Q. 2	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)	
i.	Healthcare in India is delivered by institutions owned by state governments, ----- and the central government (a) General body (b) Local body (c) NGO (d) Insurance agency	1

ii.	The word clinic is derived from the Greek word _____. (a) Klinein (b) Hospes (c) couch (d) slope	1
iii.	The motor skills of a patient can be treated by providing them ----- a) Intensive therapy b) Physical exercises c) Long-term institutionalization d) yoga	1
iv.	A person with alcoholic and drug addiction will be ideally treated at _____ rehabilitation centre. (a) Psychosocial (b) occupational (c) Physical (d) addiction	1
v.	Bereavement is the time of _____. (a) mourning before a loss (b) mourning after a loss (c) mourning after inadequate treatment (d) mourning after a adequate treatment	1

vi.	Hospice care focuses on _____ rather than length of life. (a) quantity (b) quietly (c) quality (d) quantitative	1
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Q. 3	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)	
i.	Major depression, bi-polar disorder, and schizophrenia are----- a)Symptoms of drugs and alcohol addiction b)Psychiatric disorders c)Physical, mental, or cognitive disorder d)Problems due to degenerative diseases	1
ii.	Long-term care provided formally in the home, also known as - a)Home healthcare b)Hospital healthcare c)Residential service d)Curative care	1

iii.	Hospice care is generally, designed to be available – a) 24 hours a day, 7 days a week b) 12 hours a day, 7 days a week c) 6 hours a day, 7 days a week d) 8 hours a day, 7 days a week	1
iv.	Which among the following is a support facility extended by hospice care? a) Home care b) Prevention c) Family care d) Pain control	1
v.	'Tibb-E-Unani', is an age-old system of medicine, dating back 5000 years to _____. a) Greece b) Italy c) Spain d) Milan	1
vi.	Which one of the following is in the miscellaneous components of a hospital? a) Laboratory b) Service c) CSSD d) Therapy	1
Q. 4	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)	
i.	A clinic that provides advanced diagnostic or treatment services for different parts of the body is a _____. a) Ambulatory Clinic b) Free Clinic c) Outpatient Clinic d) Specialist Clinic	1
ii.	Rehabilitative services include a) Physical, mental, and social service b) Diagnostic service c) Training and research d) Occupational health service	1
iii.	"likes are cured by likes". Which system of medicine is based on this law? a) Ayurveda b) Homeopathy c) Unani d) Siddha	1
iv.	The abbreviation LTC stands for _____. a) Long Term Communication b) Long Term Companion c) Long Term Care d) Long Term Compassion	1

v.	Which among the following is not a function of the clinic a) Dispensing medicine b) Examining the patient c) Prescribing medicine d) surgery	
vi.	Which among the following is excluded by non-governmental organization. a) Health care for special group b) Health researchers and activist c) Integrated development programs d) Preventive measures	

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Q. 5	Answer any 5 out of the given 6 questions (1 x 5 = 5 marks)	
i.	<p>Ayurvedha incorporates-----</p> <p>a) Physical b) Spiritual c) Social d) All of the above</p>	1
ii.	<p>----- scheme is under contributory third party mechanism</p> <p>a) Arogya bhadra scheme b) Health insurance scheme c) ESI d) Medici claim</p>	1
iii.	<p>In health care delivery system, the private sector includes</p> <p>a) Super specialty hospitals, polyclinics, and Nursing homes. b) Defense hospitals, rural hospital c) Teaching hospitals, community health centers d) Primary health center.</p>	1
iv.	<p>----- is a discipline to improve or develop one's inherent power in a balanced manner.</p> <p>a) Yoga b) Therapy c) Medication d) Physical exercise</p>	1
v.	<p>An _____ clinic offers outpatient guidance and counselling for various diseases and procedures that can be carried out in specialized hospitals or clinics.</p> <p>a) ambulatory b) free c) specialist d) fertility</p>	1
vi	<p>Identify the component of a diagnostic service</p> <p>(a) security (b) inpatient (c) laboratory (d) laundry</p>	1

SECTION B: SUBJECTIVE TYPE QUESTIONS

Answer any 3 out of the given 5 questions on Employability Skills

(2x3=6marks) Answer each question in 20 – 30 words.

Q.6	Write down the different types of verbal communication. Give an example for each type.	2
Q.7	Give an example of the following: (a) Clear communication (b) Complete communication	2
Q.8	Write down the seven factors affecting perspectives in communication.	2
Q. 9	Give examples of any four common signs used for visual communication.	2
Q. 10	Write a short note on advantages of verbal communication	2

Answer any 4 out of the given 6 questions in 20 – 30 words each (2 x 4 = 8 marks)

Q. 11	Mention any two features of naturopathy.	2
Q. 12	List all the components of a hospital.	2
Q. 13	What is the difference between a hospice care and a long term care	2
Q. 14	Describe occupational rehabilitation care.	2
Q. 15	In today's society there is a need of long-term care? Justify the statement.	2
Q. 16	What is the difference between a clinic and a polyclinic?	2

Answer any 3 out of the given 5 questions in 50– 80 words each (4 x 3 = 12 marks)

Q. 17	With the help of a flow diagram, draw a simple model of the Health Care Delivery System.	4
Q. 18	Write short notes on components and functions of hospitals.	4
Q. 19	Write a short on non governmental organisations.	4
Q. 20	Describe the 4 types of rehabilitation centers.	4
Q. 21	Briefly explain the support facilities extended by hospice care.	4